

Course Dates

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Contents

LIFITNG OPERAIONS

- 1. OPITO COMBINED 5 DAY INITIAL RIGGER & BANKSMANSLINGER TRAINING Monday to Friday Cost £1284 +vat
- 2. OPITO THREE DAY INITIAL RIGGING TRAINING Monday Wednesday Cost £667 + vat
- 3. OPITOTHREE DAY INITIAL BANKSMAN TRAINING Wednesday- Friday Cost £667 +vat
- 4. OPITO ONE DAY RIGGING COMPETENCE ASSESSMENT / REASSESSMENT Everyday Mon-Fri Cost £625 + vat
- 5. OPITO ONE DAY BANKSMAN COMPETENCE ASSESSMENT / REASSESSMENT Every Thursday Cost £375 + vat
- 6. OPITO ONE DAY DRILLING RIGGER COMPETENCE ASSESSMENT / REASSESSMENT Everyday Mon-Friday Cost 625+vat
- 7. THREE DAY LIFTING OPERATIONAL PLANNING Runs on Demand Cost 791.67 + vat
- 8. ONE DAY GANTRY CRANE TRAINING Runs On Demand Cost 291.67 + vat
- 9. LOLER AND PUWER AWARNESS Runs On Demand Cost 250 + vat
- 10. RIGGING LOFT MANAGEMNT AND INSPECTION Runs On Demand Cost 250 + vat

WORKING AT HEIGHT

1. WORKING AT HIGHT UNIT TWO Runs On Demand Cost 283.33 + vat

ONE DAY SAFETY COURSES Run on Demand Cost £150 =vat

- 1. RISK ASSESSMENT TRAINING
- 2. ABRASIVE WHEELS TRAINING
- 3. MANUAL HANDLING TRAINING

COMBINED OPITO RIGGER & BANKSMAN SLINGER INITIAL TRAINING

Duration 5 days

Aims and objectives

The aim and objectives of this course are to cover the OPITO Rigger Initial Training Programme and the OPITO Banksman Slinger Initial Training Programme. As some of the elements are the same, OPITO allow us to deliver this trainingover a 5-day period to provide both OPITO certificates. Please look at the individual course outlines for full course outlines.

Course Content

The Initial Training Programme consists of the following modules and elements:

The Role of the Rigger and an Introduction to Lifting Operations
Rigging and Lifting Operations
The Banksman's role
Slinging Operations
Practical Exercises

Course Structure

30% Theory 70% Practical

Delegate pre-requisites for Rigger and Banksman Slinger Initial Training

There are no pre-requisites for Initial Training.

Physical and stressful demands of Rigger and Banksman Slinger Initial Training

Training and/or assessment activities contained within this Standard may include physically demanding and potentially stressful elements. All personnel who participate in such activities must be physically and mentally capable of participating fully.

This Course runs on demand starting on Monday

OPITO BANKSMAN SLINGER INITIAL TRAINING

Duration 3 days

Aims and objectives

The aims and objectives of Banksman/Slinger Initial Training Programme are to provide personnel, who have little are no experience of the Banksman & Slinger role, with the basic knowledge of activities associated with the combined roles, and the safety and regulatory requirements of those activities.

The Initial Training Programme allows the delegate to demonstrate basic Banksman & Slinger practical skills following instruction and demonstration by the training staff. This Training Programme aims to prepare the delegates for the next stage of the progression path to becoming a competent banksman & slinger i.e. Stage 2: supervised workplace experience.

Course Content

UNIT 1 INTRODUCTION TO LIFTING OPERATIONS

Element 1.1 Regulations and safety issues

Element 1.2 Introduction to lifting roles and equipment

Element 1.3 Prepare for the lift

Element 1.4 Carry out the lift

Element 1.5 Restoring the work area

UNIT 2 THE BANKSMAN'S ROLE

Element 2.1 Banksman duties

Element 2.2 Communications and visibility

UNIT 3 SLINGING OPERATIONS

Element 3.1 Principles of slinging

UNIT 4 PRACTICAL EXERCISES

Element 4.1 The role of the banksman & slingers in a planned lift

Course Structure

30% Theory, 70% Practical

Delegate pre-requisites for Banksman Slinger Initial Training

There are no pre-requisites for Stage 1 Initial Training.

Physical and stressful demands of Banksman Slinger Initial Training

Training and/or assessment activities contained within this Standard may include physically demanding and potentially stressful elements. All personnel who participate in such activities must be physically and mentally capable of participating fully.

This Course runs on demand starting on Wednesday

OPITO BANKSMAN SLINGER COMPETENCE ASSESSMENT

Duration 1 day

Aims and objectives

The aim and objective of the OPITO Banksman/Slinger competence assessment is to establish that the candidate has the required underpinning knowledge, understanding and practical skills to fulfil the role of Banksman & Slinger safely and effectively.

Target Group for Banksman/Slinger Competence Assessment

The Target group for Banksman/Slinger Competence Assessment is personnel that wish to become OPITO certified competent Banksmen & Slingers - having previously completed Banksman & Slinger training, and/or possess sufficient and relevant work experience to be eligible for the OPITO Banksman/Slinger Competence assessment.

Course Content

Competence Assessment is comprised of two parts - 1. Knowledge assessment, consisting of a written test of which the passmark is 80% and 2) Practical assessment

There are two competence units for Stage 3 practical assessment.

Unit 1: Direct and control the movement and placing of loads focuses on the Banksman's role

- maintaining clear and accurate communications with the crane operator
- maintaining an awareness of other ongoing operations that may affect lifting activities.

Unit 2: Prepare and sling loads focuses on the Slinger's role -

- establishing the weight of the load.
- · determining and checking the lifting method
- the lifting accessories.
- the slinging of loads and clearing the work area.

Delegates pre-requisites

Learners must possess:

A) a valid OPITO approved Banksman & Slinger Training Certificate

And

B) A fully completed and valid OPITO Banksman/Slinger Workplace experience logbook and supporting evidence for each of the tasks*, such as copy of the lifting plan, permit or toolbox talk, based on the OPITO Banksman/slinger Initial Training Standard and Banksman/slinger Workplace Experience Logbook requirements. The logbook must be signed as true and valid by the employing company head of discipline or the employing company discipline manager.

*Supporting evidence is not required for learners who completed the Initial Training Standard (previously Stage 1) between February 29th 2020, and February 28th 2022.

OR

C) If a learner completed the Initial Training Standard (previously Stage 1) **between February 29th 2020 and February 29th , 2022** and does not have a completed Workplace Experience Logbook, a formal letter from the current employer stating that the candidate has met the equivalent of the OPITO (previously Stage 2) Workplace Experience Logbook criteria, may be accepted.

Physical and stressful demands of Banksman Slinger Competence Assessment

Training and/or assessment activities contained within this Standard may include physically demanding and potentially stressful elements. All personnel who participate in such activities must be physically and mentally capable of participating fully.

This Assessment runs every Thursday

OPITO BANKSMAN SLINGER COMPETENCE RE-ASSESSMENT

Duration 1 day

Aims and objectives

The aim and objective of the OPITO Banksman/Slinger competence reassessment is to establish that the candidate hasmaintained the competence requirement for the role of Banksman & Slinger.

Target Group for Banksman/slinger Competence Reassessment

The target group for OPITO Banksman/slinger Competence Reassessment is personnel that wish to renew their OPITO Stage 3 or Stage 4 Banksman & Slinger certificate (two-year validity for each certificate).

Course Content

Banksman/slinger Competence Reassessment is comprised of two parts - 1. Knowledge assessment, consisting of a written test of whichthe pass mark is 80% and 2) Practical assessment

There are two competence units for Competence practical assessment.

Unit 3: Direct and control the movement and placing of loads focuses on the Banksman's role

- maintaining clear and accurate communications with the crane operator
- maintaining an awareness of other ongoing operations that may affect lifting activities.

Unit 4: Prepare and sling loads focuses on the Slinger's role -

- establishing the weight of the load.
- determining and checking the lifting method
- the lifting accessories.
- the slinging of loads and restoring the work area.

Delegate pre-requisites for Competence Reassessment

Candidates for Competence Reassessment require a valid OPITO Approved Competence Assessment or Reassessment (previously Stage 3 or Stage 4 Banksman & Slinger Certificate awarded within the previous 30 months.

Physical and stressful demands of Banksman Slinger Competence Reassessment

Training and/or assessment activities contained within this Standard may include physically demanding and potentially stressful elements. All personnel who participate in such activities must be physically and mentally capable of participating fully.

This Assessment runs every Thursday

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OPITO RIGGER INITIAL TRAINING

Duration 3 days

Aims and objectives

The aim and objectives of the OPITO Rigger Initial Training Programme are to provide the delegate with knowledge of the rigging principles, general hazards and risks of rigging and lifting operations, an awareness of relevant legislation and regulation, and an opportunity to practice basic rigging operations following a lifting plan.

Course Content

The Initial Training Programme consists of the following modules and elements:

MODULE 1 The Role of the Rigger and an Introduction to Lifting Operations

Element 1.1 The role of the Rigger

Element 1.2 Introduction to lifting operations – relevant legislation and management of the hazards

MODULE 2 Rigging and Lifting Operations

Element 2.1 The principles of rigging Element 2.2 Preparing for the lifting operation

responsibilities

Course Structure

30% Theory 70% Practical

Delegate pre-requisites for Rigger Initial Training

There are no pre-requisites for OPITO Rigger Initial Training.

Physical and stressful demands of Rigger Initial Training

Training and/or assessment activities contained within this Standard may include physically demanding and potentially stressful elements. All personnel who participate in such activities must be physically and mentally capable of participating fully.

This Course runs on demand starting on Monday

OPITO RIGGER COMPETENCE ASSESSMENT

Duration 1 day

Aims and objectives

The aim and objectives of the OPITO Rigger competence assessment are to establish that the candidate has the required underpinning knowledge, understanding and practical skills to fulfil the role of Rigger safely and effectively.

Target Group for Rigger Competence Assessment

The Target group for OPITO Rigger Competence Assessment are personnel that wish to become OPITO-certified competent riggers - having successfully completed the OPITO Rigger Initial Training and Workplace Experience or possess sufficient and relevant work experience to be eligible for the OPITO Rigger Competence assessment.

Course Content

Competence Assessment is comprised of two parts:

- 1. Knowledge assessment comprises a written test of which the pass mark is 80%
- 2. Practical assessment containing two elements for the Competence practical assessment

Unit 1: Plan, Prepare, Lift and Move Loads

Element 1.1 Plan and prepare for lifting and moving of loads

Element 1.2 Lifting, moving, lowering and landing of a load

Each candidate will be expected to **lead two** lifting operations and **assist with two** lifting operations. Each lifting operation will be approximately one and a half hours duration and include rigging activities. When leading the lifting operation, the candidate will be expected to brief the team (toolbox talk), allocate tasks and give clear instructions.

Delegate pre-requisites for OPITO Rigger Competence Assessment

Candidates for Rigger Competence assessment require:

(a) A valid OPITO-approved Rigger Initial Training Certificate

And

(b) A fully completed and valid OPITO Rigger Workplace Experience logbook and supporting evidence for each of the tasks,* such as a copy of the lifting plan, permit or toolbox talk, based on the OPITO Rigger Initial Training Standard and Rigger Workplace Experience Logbook requirements. The logbook must be signed as true and valid by the employing company head of discipline or the employing company discipline manager.

*Supporting evidence is not required for learners who completed the Initial Training Standard (previously Stage 1) **between February 29**th, **2020 and February 28**th, **2022.**

OR

If a learner completed the Initial Training Standard (previously Stage 1) **between February 29**th **2020, and February 28**th **2022** and does not have a completed Workplace Experience Logbook, a formal letter from a current employer, may be accepted stating that the candidate has met the equivalent of the OPITO (previously Stage 2) Workplace Experience Logbook criteria.

Physical and stressful demands

Assessment activities contained within this Standard may include physically demanding and potentially stressful elements. Candidates must be physically and mentally capable of participating fully.

The Rigger Competence Assessment runs Monday to Friday every week, Just call us and we' I do our very best to fit in the dates you would prefer. It usually works out.

OPITO RIGGER COMPETENCE RE-ASSESSMENT

Duration 1 day

Aims and objectives

The aim and objectives of the OPITO Rigger competence reassessment are to establish that the candidate has maintained the competence requirement for the Rigger role.

Target Group for Competence Re-Assessment

The target group for Competence Reassessment are personnel that wish to renew their OPITO Rigger Competence or Rigger Competence Reassessment (previously Stage 3 or Stage 4 competent certificate) (two year validity for each certificate).

Course Content

Competence Reassessment is comprised of two parts:

- 1. Knowledge assessment comprises a written test of which the pass mark is 80%
- 2. Practical assessment containing two elements for the Competence Reassessment

Unit 1: Plan, Prepare, Lift and Move Loads

Element 1.1 Plan and prepare for lifting and moving of loads

Element 1.2 Lifting, moving, lowering and landing of a load

Each candidate will be expected to lead two lifting operations and assist with two lifting operations. Each lifting operation will be approximately one and a half hours duration and include rigging activities. When leading the lifting operation, the candidate will be expected to brief the team (toolbox talk), allocate tasks and give clear instructions.

Delegate pre-requisites for Competence Re-Assessment

Candidates for Stage 4 Reassessment require a valid OPITO-approved Rigger Competence Assessment or Competence Reassessment (previously Stage 3 or Stage 4 Rigger Certificate) awarded within the previous 30 months.

Physical and stressful demands of Competence Re-Assessment

Training and/or assessment activities contained within this Standard may include physically demanding and potentially stressful elements. All personnel who participate in such activities must be physically and mentally capable of participating fully.

The Rigger Competence Reassessment runs Monday to Friday every week, Just call us and we'll do our very best to fit in the dates you would prefer. It usually works out.

LIFTING OPERATIONS PLANNING

Duration 3 days

Aims and objectives

The aim and objectives of the Lifting Operations Planning course are to provide the delegates with the knowledge and skills to risk assess and plan lifting operations.

The training focuses on identifying when and how to gather information and resources to aid planning lifting operations. Delegates will use trigonometry, calculating tensions and de-rations on equipment as well as produce technical drawings to support the planning process.

It will also give delegates a refresher on best working practices and give them further knowledge on the forces and effects that are applied to lifting equipment in a working environment

The course also introduces our CHAD (Cross Haul Aid and Design) software which we have designed to aid the competent person to plan lifting operations using portable lifting equipment and sling arrangements on loads. It can reduce the time taken to produce technical data and drawings by up to 80% as well as reduce the risks in lifting operations.

Course Content

- Planning lifting operations in compliance with the current legislation.
- Understanding the planning process.
- How to draw scaled drawings
- Trigonometry used in lifting operations and how to calculate trig using free hand drawings.
- Calculating basic sling tensions and equipment de-ration
- Identifying significant hazards involved with lifting operations.
- Selection of and effects on lifting equipment to include dynamic, environmental and compatibility
- Best working practices
- Correct use and application of CHAD (Cross haul aid and design)

Course Structure

A mixture of practical and theory sessions followed by an exam with a pass mark of 80% or above.

Delegate pre-requisites

This course is aimed at delegates who have previous experience of planning lifting operations.

On successful completion delegates will

Be able to plan lifting operations in accordance with the key requirements and regulations Use CHAD to produce detailed technical operational lifting plans Be registered with LEEA and receive a LEEA accredited certificate of training

This course runs on demand. Just call us and we' I do our very best to fit in the dates you would prefer.

OPITO DRILLING RIGGER COMPETENCE ASSESSMENT

Duration 1 day

Aims and objectives

The IADC North Sea Chapter requested that OPITO develop a robust and auditable minimum competence assessment standard in order to enable Drilling Riggers to be formally assessed against lifting activities performed on drilling installations and drilling packages on fixed production installations. The Standard is not designed as a replacement for the OPITO Rigging Stage 3 & 4 Assessment Standard as it has been developed where candidates may not have relevant experience or exposure in construction rigging to meet rigger stage 3 and 4 but can prove competence in rigging and lifting within there capacity on drilling operations.

Target Group for Drilling Rigger Competence Assessment

The Target group for Drilling rigger are personnel who have successfully completed the OPITO Stages 1 & 2 Rigger Training and Workplace Experience or possess sufficient and relevant work experience to be eligible for the OPITO Drilling rigger assessment. This will allow them become OPITO-certified competent Drilling riggers to perform rigging operations on drilling installations and drilling packages on fixed production installations,

Course Content

Drilling Rigger Assessment is comprised of two parts:

- 1. Knowledge assessment comprises a written test of which the pass mark is 80%
- 2. Practical assessment containing two elements for the Stage 3 practical assessment

Unit 1: Plan, Prepare, Lift and Move Loads

Element 1.1 Plan and prepare for lifting and lowering of loads

Element 1.2 Lowering lifting and landing of a loads

Each candidate will be expected to lead two drilling related lifting activities and assist with two activities. Each lifting operation will be approximately one and a half hours duration. When leading the lifting operation, the candidate will be expected to brief the team (toolbox talk), allocate tasks and give clear instructions.

Delegate pre-requisites for Drilling Rigger Competence Assessment

Candidates for Drilling Rigger assessment require:

(a) A valid OPITO-approved Stage 1 Rigger Training Certificate And (b) A fully completed and valid logbook, based on the OPITO log book Drilling Rigger Standard workplace requirements OR A formal letter from the candidate's employer or senior employer representative stating that the candidate has met the equivalent of the OPITO Drilling Rigger logbook criteria. The formal letter should include details of the employer/senior employer representative's position in the company, full contact details, and be signed and dated by the employer /senior employer representative.

Physical and stressful demands

Assessment activities contained within this Standard may include physically demanding and potentially stressful elements. Candidates must be physically and mentally capable of participating fully.

The Drilling Rigger Competence Assessment runs on demand. Just call us and we' I do our very best to fit in the date you would prefer.

OPITO DRILLING RIGGER COMPETENCE RE-ASSESSMENT

Duration 1 day Aims and objectives

The aim and objectives of the OPITO Drilling Rigger competence re-assessment are to establish that the candidate has maintained the competence requirement for the Drilling Rigger role.

Target Group for Drilling Rigger Competence Re-Assessment

The Target group for Drilling Rigger Competence Re-Assessment are personnel who personnel that wish to renew their OPITO Drilling Rigger Competence Assessment or Re-Assessment (two year validity for each certificate).

Course Content

Drilling Rigger Re-Assessment is comprised of two parts:

- 1. Knowledge assessment comprises a written test of which the pass mark is 80%
- 2. Practical assessment containing two elements for the Stage 3 practical assessment

Unit 1: Plan, Prepare, Lift and Move Loads

Element 1.1 Plan and prepare for lifting and lowering of loads

Element 1.2 Lowering lifting and landing of a loads

Each candidate will be expected to lead two related drilling lifting activities and assist with two activities. Each lifting operation will be approximately one and a half hours duration. When leading the lifting operation, the candidate will be expected to brief the team (toolbox talk), allocate tasks and give clear instructions.

Delegate pre-requisites for Drilling Rigger Re-Assessment

Candidates for Drilling Rigger Reassessment require a valid in date OPITO-approved Drilling Rigger Assessment Certificate or Re-Assessment Certificate.

Physical and stressful demands

Assessment activities contained within this Standard may include physically demanding and potentially stressful elements. Candidates must be physically and mentally capable of participating fully.

The Drilling Rigger Competence Assessment runs on demand. Just call us and we' I do our very best to fit in the dates you would prefer. It usually works out

Working At Height Unit 2 PPE and User

Duration 1 day

Aims and objectives

This course is designed for delegates who are actively involved in Working at Heights. It outlines the legislation, equipment standards, equipment selection, marking, inspection, maintenance and record keeping.

Delegates are shown the correct practical use of PPE along with the theory.

Course Structure: ½ day Theory and ½ day Practical, End of Course Assessment using a multiple choice questionnaire.

Course Content:

- Working at Height Legislation
- Working at Height Categories
- Hierarchy of Measures
- **Equipment Legislation**
- Inspection
- Care and Maintenance of equipment
- Selection and Safe Use of Equipment
- Falls and impact forces
- Rescue provision

Practical

- Identification of equipment
- Damaged equipment
- Correct fitting of harness
- Ladder ascent and descent using temporary and permanent systems
- Use of work restraint systems
- Use of fall arrest systems
- Use of horizontal safety lifelines

Duration: 1-day

Prerequisites: None

The Working at Height Unit 2 runs on demand. Just call us and we' I do our very best to fit in the date you would prefer.

Rigging Loft Management

Duration 1-day

Rigging Loft Management

This course is designed for delegates who will be dealing with the storage,, organization, and inspection of lifting equipment in the work site.

Course Structure:

½ -day work site theory,

1/2- day Practical training and inspection

Course Content:

- Current Legislation MHASWA risk assessment, HASWA Responsibilities, PUWER, LOLER, ACOPS
- Maintenance and end user inspection
- Documentation (CE, UKCA, Manufactures documentation, Test and inspection certs, T-card systems)
- Practical Inspection of lifting equipment and attachments
- Written test
- Practical test

Duration: 1 day

This course runs on demand. Just call us and we' I do our very best to fit in the dates you would prefer.